Tips, Tricks, and Tools for Lesson Planning

Session 1

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Curriculum Components

Lesson Plans

It's the "how-to" for what you want to teach the children.

Activities

It could just be a set of materials that you have in a container on a shelf that they can explore on their own.

Games

You can make a bingo type game with the theme or even a hopping game.

Puzzles

Print out pictures for the theme, laminate them, and then cut them up for the children to explore.

Music

This can be CDs, cassette tapes, playlists, or even songs written down for the theme.

Books

You could easily have 20+ books for each theme but storing them might be difficult so a book list might be a great option!

Weekly Theme Components

Age group:

Infant, Toddler, Preschool, School-Age

Language development:

Vocabulary words

Factual Statements:

Facts about the theme

Objective Goals:

What you want to see them master by the end of the week

Group Time:

Circle time activities

Outdoor Activities:

What you want them to do outside to match the theme

Small Group Activities:

What you want them to do in small groups with the teacher or each other

Special Needs Accommodations:

What you might need to accommodate and how you can do that for certain activities

Classroom Design Ideas:

What you could include in the classroom design to fit the theme

Self-Selected Activities:

What you will put in each learning area to fit the theme so they can explore on their own

Weekly Lesson Plan Example

Weekly Theme: Beach	Age Group: 3 years old	
Language Development: Sand, water, ocean,	Factual Statements: Beaches are on the edges of	
crustaceans, coral, seaweed	bodies of water. Beaches can have sand, pebbles, or	
	stones.	

Objective Goals: Through participating in the activity, the children may learn:

The children will identify different aspects of beaches. The children will explore how to build with sand.

	Monday	Tuesday	Wednesday	Thursday	Friday
Group Time (songs, stories, games, etc.)	Beach Day book by Karen Roosa and Maggie Smith	5 Little Seashells rhyme	A Day at the Beach book by Tom Booth	Baby Shark song	The Sandcastle That Lola Built book by Megan Maynor and Kate Berube
Outdoor Activities (1 idea each day)	Crab walk race	Pool fishing	Beach ball game	Octopus tag	Beach picnic
Small group activities (1 activity in each. Curriculum area)	Language & Literacy Matching fish letters	Music Baby Beluga song	Art Paper sandcastles	Science Can you dissolve a seashell?	Math Ocean animal pattern blocks templates
Special Needs Accommodations (Hearing, seeing, speech, physical struggles, broken leg/arm, etc.) Choose 1 special need and 1 activity that you would adjust to accommodate the special need.		I would allow extra support for any of the activities that require physical movement, especially the ones outside. I would allow the child to have extra time for activities like the crab walk race or switch it out for an activity they can do that's similar to participate.			

Classroom Design Ideas:

Grass around the shelves. Beach chairs in dramatic play with blow up pool toys. Add flip flops and swimsuits to dramatic play.

Self-Selected Activities					
Dramatic Play Create an ice cream stand	Blocks Paper tube sandcastle building	Literacy Center Beach towels to read on and beach books			
Sensory Table Taste safe sand	Fine Motor Seashell matching	Art Make hanging jelly fish			